

My Habits

"You'll never change your life until you change something you do daily. The secret of your success is found in your daily routines" -John C. Maxwell

Habit to start	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7





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Habit to stop	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7